



ADD+ ONE Omega-3 Support

ADD+ ONE OMEGA-3 Support provides you with 2100 mg of omega-3 from high-quality, vegan algae oil per serving every day.

EPA and DHA support normal heart function with a daily intake of 250 mg. Daily 250 mg DHA also contributes to the maintenance of normal brain function and vision.

Simply dose with the measuring cup, add to BIOGENA ONE Drink or a meal – completely without fish flavor, but with a fresh lemon note.

INGREDIENTS per daily dose	5 ml	% NRV*
Total omega-3 fatty acids	2100 mg	-
containing: docosahexaenoic acid (DHA)	1250 mg	-
containing: eicosapentaenoic acid (EPA)	650 mg	-
containing: Docosapentaenoic acid (DPA)	137 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

DHA and EPA-rich oil from the microalgae Schizochytrium sp., sunflower oil, natural flavouring, antioxidants: extracts of rosemary, tocopherol-rich extract, ascorbyl palmitate.

RECOMMENDED DOSAGE

Take 5 ml daily with a portion of BIOGENA ONE (or with a meal). With dosing cup.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Only recommended for adults except pregnant and breastfeeding women.

PACKAGE SIZE AND CONTENT

150 ml

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store unopened at room temperature, dry and protected from light. Keep refrigerated and protected from light after opening and use within 6 weeks. Flocculation may occur in this product, which does not affect the product quality. Keep out of the reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 06.05.2025.

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BIOGENA
WELCOME TO YOURSELF

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