

ADD+ ONE Cholesterol Support



ADD+ONE CHOLESTEROL SUPPORT provides you with 1,250 mg phytosterols daily - a plant-based support for normal cholesterol levels*. Supplemented with soluble fiber from oats, acacia fiber (Fibregum™) and artichoke juice powder. 100% vegan, gluten-free and perfectly tailored to your daily BIOGENA ONE routine.

ADD+ONE CHOLESTEROL SUPPORT is ideal for anyone who wants to maintain healthy cholesterol levels. Especially suitable as a plant-based supplement to BIOGENA ONE.

*The daily intake of 800 mg of phytosterols contributes to the maintenance of normal blood cholesterol levels.

Bioavailable micronutrients in pure form

- Free from additives
- Without colorants, flavorings and coatings
- Gluten Free
- Lactose free
- 100% vegan
- Hypoallergenic
- Tested quality

INGREDIENTS per daily dose	1 sticks	% NRV*
Calcium	160 mg	20
Oat fibre	1670 mg	-
<i>containing: Beta-Glucans</i>	450 mg	-
Phytosterols (VITASTEROL S-80®)	1250 mg	-
Acacia fiber (Fibregum™)	750 mg	-
Artichoke juice powder	150 mg	-
<i>containing: Cynarin and other polyphenols</i>	3.8 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Oat fibre** (contains beta-glucan), Plant sterols (31%), acacia fibre, calcium carbonate, artichoke juice powder.

RECOMMENDED DOSAGE

Stir the contents of one stick (4.1 g) daily into one serving of BIOGENA ONE or 150–200 ml of water and drink.

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NOTE

Food supplement in accordance with EU Directive 2002/46/EC

ADDITIONAL NOTE

**Gluten-free.

ADD+ ONE CHOLESTEROL SUPPORT is intended for individuals who wish to manage their cholesterol levels. Not intended for individuals who already maintain normal blood cholesterol levels and do not require further regulation. Individuals taking cholesterol-lowering medication should consult a doctor before consumption. Intake of more than 3 g/day of added plant sterols/stanols should be avoided. Not suitable for the nutrition of pregnant or breastfeeding women and children under 5 years.

Use ADD+ ONE CHOLESTEROL SUPPORT as part of a balanced and varied diet, which should also include regular consumption of fruits and vegetables to maintain carotenoid levels.

PACKAGE SIZE AND CONTENT

30 sticks (30 daily servings à of 4.1 g), 123 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Fibregum™ is a trademark of Nexira. www.nexira.com. Subject to print or typographical errors. Version: 05.08.2025.



Fibregum™



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