

# Vitamin K2 100



## In the active menaquinone-7 form

### Vitamin K in a new light

Vitamin K is short for “coagulation vitamin” – named after its effect in the maintenance of blood coagulation. For half a century, science assumed that vitamin K only had one task in the body, which was the formation of blood coagulation factors. Meanwhile, it has been discovered that the vitamin has another role in the body. It is in fact also involved in the synthesis of substances that are involved in bone metabolism and the mineralisation of bone.

### Biogena Vitamin K2 100: The vitamin K supply

Biogena Vitamin K2 100 contains vitamin K in the active all-trans menaquinone-7 form to support bone metabolism and for the maintenance of normal blood coagulation. Vitamin K in the K2 form is absorbed faster by the body and has a longer retention time in the blood plasma.

### Physiological functions of vitamin K:

- Vitamin K promotes the maintenance of normal bones.
- Vitamin K supports the function of normal blood coagulation

### Possible uses:

- To support bone metabolism and the maintenance of normal bone density
- To maintain normal blood clotting
- For the targeted intake of fat-soluble vitamins in old age or in case of increased requirement, for example, in competitive sports

### Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours and flavours
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

**Biogena GmbH & Co KG**  
Strubergasse 24, A-5020 Salzburg, [biogena.com](mailto:info@biogena.com)

Part of the  
Biogena Group 

**Toll-free Infoline Austria:** T +43 662 23 11 11, [info@biogena.com](mailto:info@biogena.com)  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, [deutschland@biogena.com](mailto:deutschland@biogena.com),  
[italien@biogena.com](mailto:italien@biogena.com), [worldwide@biogena.com](mailto:worldwide@biogena.com)  
**Infoline Switzerland:** T +41 43 215 20 59, [schweiz@biogena.com](mailto:schweiz@biogena.com)

Online orders: [biogena.com](https://www.biogena.com)



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WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin K2 (menaquinone-7)	100 µg	133

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Bulking agent: powdered cellulose, vitamin K2 (menaquinone-7), hydroxypropyl methyl cellulose (capsule shell).

## RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## IMPORTANT NOTICE


Patients taking anticoagulants should consult their doctor before taking vitamin K supplements.

## PACKAGE SIZE AND CONTENT

120 capsules (44 months supply), 22 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. K2VITAL® is a trademark of Balchem Corporation or its subsidiaries. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 11.07.2023

**Biogena GmbH & Co KG**  
Strubergasse 24, A-5020 Salzburg, biogena.com

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Biogena Group 

**Toll-free Infoline Austria:** T +43 662 23 11 11, info@biogena.com  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, deutschland@biogena.com,  
italien@biogena.com, worldwide@biogena.com  
**Infoline Switzerland:** T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://www.biogena.com)



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