Vitamin C 750 C-L-A



Biogena is expanding its vitamin C range with a very relevant mono-preparation in high doses: Vitamin C 750 C-L-A.

Vitamin C as pure calcium L ascorbate - and nothing else!

The history of vitamin C is long and glorious. Vitamin C became known worldwide through the seafarers who, on their long journeys across the oceans, used to have to struggle with countless complaints due to vitamin C deficiency as a result of poor nutrition. It was only when lemons were taken on board that the infirmity was over - and vitamin C began its worldwide triumphal march.

Vitamin C is now one of the most popular micronutrients and is involved in every conversation about the body's defences and immune system during the cold season. No wonder, since it is particularly well known for its role in the antioxidant protection system and the immune system. However, this multi-talent fulfils many other tasks in the organism. For example, the skin benefits from vitamin C because it is involved in the formation of collagen, a component of connective tissue. The same applies to the function of teeth, gums and blood vessels. It plays a role in energy metabolism and increases iron absorption. Sufficient vitamin C intake is also beneficial to the regular functioning of the nervous system and psyche.

Biogena Vitamin C 750 C-L-A provides vitamin C in the form of calcium L-ascorbate (C-L-A). The acidic vitamin C is bound to calcium in a buffered, almost pH-neutral form and is therefore ideal for sensitive people. According to the Biogena pure substance principle, pure C-L-A is the only ingredient in the capsules. Due to the high dosage of 750 mg vitamin C per capsule, Vitamin C 750 C-L-A is ideally suited to cover an increased need and to support the immune system in challenging times, during the cold and wet season or during and after intensive sporting activities. Vitamin C 750 C-L-A - simple and effective at the same time.

Vitamin C 750 C-L-A

- With buffered, well-tolerated calcium L-ascorbate (C-L-A) in high dosage Vitamin C...
- supports the body's own immune defence
- contributes to normal functioning of the psyche and nervous system
- contributes to the regeneration of the reduced form of vitamin E and to the protection of cells from oxidative stress
- participates in the formation of collagen, for normal function of skin, gums, teeth, cartilage, bone and blood vessels
- increases the absorption of iron, contributes to the reduction of tiredness and fatigue and supports the energy metabolism

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Possible applications

- For a targeted vitamin C supply in case of increased demand
- To support the immune system
- To protect the cells from oxidative stress
- To support the skin, blood vessels and gums
- To reduce fatigue and tiredness

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Hypoallergenic
- Fructose-free
- Vegetable capsule shell
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin C	750 mg	938

^{* %} OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH FU REGULATION 1169/2011

INGREDIENTS

Calcium-L-ascorbate, hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

90 capsules (3 month supply), 86 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 06.07.2020.









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