

Thyrocare® Calm



INGREDIENTS per daily dose	3 capsules	% NRV*
Vitamin B6	5 mg	357
Thiamine (vitamin B1)	1.1 mg	100
Vitamin B12 (MHA-Formula)	100 µg	4000
Magnesium	57 mg	15
Selenium	200 µg	364
botanical calm blend (lemon balm, valerian, rhodiola rosea)	500 mg	-
<i>contains valerian root extract</i>	200 mg	-
<i>containing: Valerenic acids</i>	0.6 mg	-
<i>contains Rhodiola rosea extract (Rhodiolife®)</i>	100 mg	-
<i>containing: rosavins</i>	3 mg	-
<i>containing: salidosides</i>	1 mg	-
Curcuma extract	160 mg	-
<i>containing: curcuminoids</i>	152 mg	-
Acetyl-L-carnitine	660 g	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Acetyl-L-carnitine hydrochloride, magnesium bisglycinate, botanical calm blend (lemon balm extract, valerian root extract, rhodiola rosea extract), hydroxypropyl methyl cellulose (capsule shell), Curcuma longa extract, L-selenomethionine, bulking agent: powdered cellulose, pyridoxal 5'-phosphate, Vitamin B12 Blend (Methylcobalamin, Hydroxocobalamin, 5'-Desoxyadenosylcobalamin), thiamine mononitrate.

RECOMMENDED DOSAGE

3 x 1 capsule daily taken at meal times with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

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IMPORTANT NOTICE

Suitable for adults only, except pregnant and breastfeeding women.

PACKAGE SIZE AND CONTENT

90 capsules, 66 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided does not constitute medical advice or an invitation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Rhodioliife® is a trademark of Nektium. Subject to printing and typesetting errors.



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