

Taurin 750



Taurine - an amino acid like compound

Taurine is not a classic amino acid, but an aminosulfonic acid - so on the one hand it contains sulphur, and on the other hand it is not incorporated into proteins by the body. Nevertheless, it is found in large quantities in almost all cells of the body, especially in active tissues such as muscle, heart and retina. Pure taurine was first obtained in 1827, when two Austrian scientists succeeded in isolating the substance from the bile of oxen. Hence the name: in Latin, "Taurus" means bull or ox. In humans, too, taurine is part of the bile, which is essential for fat digestion.

In the human diet, taurine is mainly found in meat and fish - milk, eggs and plant foods, on the other hand, are very low in taurine. If taurine is not supplied in sufficient quantities through food, the body produces it itself from the amino acid cysteine. Nevertheless, for certain people, a supply via food supplements can be useful. Biogena Taurine 750 offers a whole 750 mg of taurine in just one capsule and is therefore a practical and effective way to support daily taurine intake. We use 100% vegan taurine as a pure substance. It is therefore also suitable for a purely plant-based diet.

Taurin 750

- For the daily dietary supplementation of the amino sulphonic acid taurine

Possible uses

- To support the daily taurine intake

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours and flavours
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Taurine	750 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Taurine, hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose.

RECOMMENDED DOSAGE

1 capsule daily taken outside mealtimes with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

120 capsules (4 month supply), 102 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 18.1.2023.



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Strubergasse 24, A-5020 Salzburg, biogena.com

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Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



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