

Silent Experience Bundle



The BIOGENA bundle for experiencing pleasant silence.

The BIOGENA Silence Experience Bundle is a well thought-out concept for people who long for inner silence and at the same time feel that it is time for more self-care. The carefully put together package combines the three BIOGENA stars Siebensalz® Magnesium, Ubiquinol CoQ10 100 mg vegan Gold and Pycnogenol® 100 Gold in one attractively priced set.

Siebensalz® Magnesium: Stress is the spice of life. When you are up to your ears in work and other to-dos, magnesium is one of the things you need. This nutritive companion supports the normal functions of the nervous system and psyche and helps to reduce tiredness and fatigue. The finely tuned composition of BIOGENA Siebensalz® Magnesium ensures a good supply of magnesium.


Ubiquinol CoQ10 100 mg vegan gold: People who have a lot on their plate can sometimes feel tired. This makes it all the more important to provide nutritious care for body and mind. Ubiquinol CoQ10 100 mg vegan Gold is the BIOGENA premium formula with vitamin B2 to support the energy metabolism. The combination product provides 100% pure ubiquinol (Kaneka Ubiquinol™) - the active form of coenzyme Q10, which can get to work straight away in the body and is naturally found in tissues and organs with high energy requirements. The smart formula also provides vitamin B2, which supports normal energy metabolism and helps to reduce tiredness and fatigue, as well as vitamin E, which helps to protect cells from oxidative stress.

Pycnogenol® 100 Gold: The inner values of BIOGENA Pycnogenol® 100 Gold can also be appreciated: the purely herbal combination preparation contains 100 mg of patented French maritime pine bark extract (Pycnogenol®) and 100 mg of grape seed extract, two high-quality extracts with a high proanthocyanidin content. Maritime pine bark extract (*Pinus pinaster*) can promote microcirculation in the capillaries, such as those in the inner ear.

Silent Experience Bundle

- With magnesium to support the normal functioning of the nervous system and psyche and to help reduce tiredness and fatigue. Magnesium plays a role in muscle function.
- With bioidentical, 100% pure and natural premium coenzyme Q10 (Kaneka Ubiquinol™)
- With vitamin B2 to support normal energy metabolism & vitamin B2 & vitamin E to help protect the body's cells from oxidative stress
- With 100 mg patented French maritime pine bark extract (Pycnogenol®). Maritime pine bark extract (*Pinus pinaster*) promotes microcirculation in the capillaries, for example those in the inner ear.

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Possible applications

- A targeted protective aid for people whose ears are already ringing from the many demands of life
- As a nutritional contribution to the functioning of the nerves and psyche, to energy metabolism and to reducing tiredness and fatigue
- For the targeted supply of maritime pine bark extract to promote microcirculation in the capillaries

Bioavailable micronutrients in pure form:

- According to the pure substance principle
- Without colorants and flavorings
- Gluten-free
- Lactose-free
- Hypoallergenic
- 100% vegan
- Tested quality

INGREDIENTS per daily dose (Siebensalz® Magnesium)	2 capsules	% NRV*
Magnesium	280 mg	75

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Magnesium malate, magnesium bisglycinate, hydroxypropyl methyl cellulose (capsule shell), magnesium citrate, magnesium oxide, magnesium glycerophosphate, magnesium gluconate, magnesium carbonate.

INGREDIENTS per daily dose (Pycnogenol® 100 Gold)	1 Capsule	% NRV*
Maritime pine extract (Pycnogenol®)	100 mg	-
<i>contains proanthocyanidins</i>	70 mg	-
Grape seed extract	100 mg	-
<i>contains proanthocyanidins</i>	40 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Maritime pine bark extract (Pinus pinaster), grape seed extract (Vitis vinifera), hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose.

INGREDIENTS per daily dose (Ubiquinol CoQ10 100 mg vegan Gold)	1 Capsule	% NRV*
Ubiquinol (KANEKA UBIQUINOL™)	100 mg	-
Vitamin E (mg alpha-TE)	6 mg	50
Sunflower lecithin	2.4 mg	-
Riboflavin (vitamin B2)	1.4 mg	100

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BIOGENA
WELCOME TO YOURSELF

INGREDIENTS

Vegetable oils (coconut, sunflower), capsule shell (modified starch, humectant: glycerol; gelling agent: carrageenan), ubiquinol, mixed tocopherols, D-alpha-tocopherol, sunflower lecithin, riboflavin.

RECOMMENDED DOSAGE

Siebensalz® Magnesium: Take 2 x 1 capsule daily with plenty of liquid outside of meals. Pycnogenol® 100: Take 1 capsule daily with plenty of liquid at mealtimes. Ubiquinol CoQ10 100 mg vegan: Take 1 capsule daily with plenty of liquid at mealtimes.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Magnesium supplements can have a laxative effect. The product Ubiquinol 100 mg vegan Gold should not be consumed by pregnant women, nursing mothers or children and adolescents under the age of 18.

PACKAGE SIZE AND CONTENT

Siebensalz® Magnesium: 60 capsules (pack for 1 month), 46 g

Pycnogenol® 100 Gold: 30 capsules (pack for 1 month), 10 g

Ubiquinol CoQ10 100 mg vegan Gold: 60 capsules (pack for 2 months), 39 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Pycnogenol® is a registered trademark of Horphag Research. Use of this product may be protected by one or more U.S. patents and other international patents. KANEKA UBIQUINOL™ is a registered trademark of KANEKA Corp. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 03.05.2024.



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