

# Selenite 200



## To support the selenium supply

### Selenium – an important component of the antioxidative network

Selenium is an essential trace element that was discovered in 1818 by the Swedish chemist Berzelius. It was named after the Greek moon goddess, Selene, due to its silver-grey brilliance. The essential trace element is a part of many enzymes and proteins. Thus, selenium plays a role in the regulation of thyroid metabolism, supports the maintenance of normal hair and nails and contributes to the protection of cells against oxidative stress as a component of the antioxidant network.

### Biogena Selenit 200

Biogena Selenite 200 supplements the nutritive selenium intake with 200 µg selenium in the form of sodium selenite. The trace element selenium contributes to the protection of the cells against oxidative stress. The immune system and the thyroid gland also need selenium to maintain their functions.

### Physiological importance of selenium:

- Selenium contributes to protecting cells against oxidative stress
- Selenium supports the normal functioning of the thyroid
- Selenium contributes to maintaining normal hair and nails
- Selenium contributes to the production of healthy sperm and is therefore important for fertility in men
- Selenium also contributes to the normal functioning of the immune system

### Possible uses:

- As a nutritive contribution to the protection of cells against oxidative stress caused by free radicals
- To support normal thyroid functions
- For targeted intake of the trace element selenium
- As a nutritional contribution to the maintenance of normal hair and nails

### Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Fructose-free
- Lactose-free
- Hypoallergenic

**Biogena GmbH & Co KG**  
Strubergasse 24, A-5020 Salzburg, [biogena.com](http://biogena.com)

Part of the  
Biogena Group 

**Toll-free Infoline Austria:** T +43 662 23 11 11, [info@biogena.com](mailto:info@biogena.com)  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, [deutschland@biogena.com](mailto:deutschland@biogena.com),  
[italien@biogena.com](mailto:italien@biogena.com), [worldwide@biogena.com](mailto:worldwide@biogena.com)  
**Infoline Switzerland:** T +41 43 215 20 59, [schweiz@biogena.com](mailto:schweiz@biogena.com)

Online orders: [biogena.com](http://biogena.com)



**B I O G E N A**  
WELCOME TO YOURSELF

- Vegetable capsule shell
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	1 Capsule	% NRV*
Selenium	200 µg	364

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

#### INGREDIENTS

Bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell), sodium selenite.

#### RECOMMENDED DOSAGE

1 capsule daily taken with plenty of liquid.

#### NOTE

Food supplement in accordance with EU Directive 2002/46/EC

#### IMPORTANT NOTICE

Suitable for adults only.

#### PACKAGE SIZE AND CONTENT

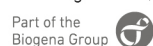
90 capsules (3 month supply), 18 g

180 capsules (6 month supply), 36 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 09.05.2022



**Biogena GmbH & Co KG**  
 Strubergasse 24, A-5020 Salzburg, biogena.com



**Toll-free Infoline Austria:** T +43 662 23 11 11, info@biogena.com  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, deutschland@biogena.com, italien@biogena.com, worldwide@biogena.com  
**Infoline Switzerland:** T +41 43 215 20 59, schweiz@biogena.com

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