

# QuattroFerrin® 21



## "Hot Iron": Iron from not just one but 4 different sources

Without iron, we could do little with the oxygen in the air, because we would have no hemoglobin - which is the red blood pigment with iron as its central atom that acts as a means of transporting oxygen. Oxygen, in turn, is needed by the body's cells to generate energy. So if our body has too little iron, we run out of energy. Well-filled iron stores, on the other hand, help to reduce tiredness and fatigue and thus support concentration and physical performance.

As a 361°-Health Company, Biogena is particularly keen to make an active contribution to an optimal iron supply with QuattroFerrin® 21 as a new-generation iron supplement. To this end, the Biogena science team has developed a brand new iron quartet: Four different iron sources, each utilizing different uptake mechanisms, are combined to form the QuattroFerrin® Blend. One component of the blend is the popular plant-based iron from high-quality curry leaf extract. The formula is supplemented with the koji mushroom *Aspergillus oryzae* (Ultimine™), which is enriched with iron in a patented fermentation process. As an organic source, the proven amino acid chelate iron bisglycinate expands the spectrum. The blend is rounded off with a novel iron raw material in a pyrophosphate compound, which is specially surrounded by a protective layer to ensure ideal compatibility. Together, the QuattroFerrin® Blend delivers 21 mg of iron per capsule, making QuattroFerrin® 21 a gentle alternative to conventional iron salt supplements. The addition of natural vitamin C from the berry camu-camu to the formula further optimizes iron absorption.

The innovative iron supplement is particularly suitable for women of childbearing age, pregnant women or nursing mothers. Young people, athletes or vegetarians should also keep an eye on their iron supply. QuattroFerrin® 21 is the new star of Biogena iron supplements - naturally bioavailable & well tolerated.

## QuattroFerrin® 21

- Provides 4-fold: supply of plant iron from curry leaf and koji mushroom, iron pyrophosphate and organic iron bisglycinate
- With natural vitamin C from camu camu fruit extract, which increases iron absorption
- The contained iron compounds are very well absorbed and are characterized by good tolerability
- Iron contributes to the normal formation of red blood cells and hemoglobin and supports oxygen transport in the body
- Iron plays a role in normal energy metabolism and cell division
- Iron contributes to normal cognitive function
- Iron and vitamin C contribute to the reduction of tiredness and fatigue
- Iron and vitamin C support the normal function of the immune system

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### Possible applications

- For the targeted supply of iron with high bioavailability and good tolerability.
- In case of increased demand, e.g. during pregnancy and lactation, during growth or for athletes
- To support the iron supply in the case of reduced iron intake through food, e.g. in the case of a predominantly plant-based diet.

### Bioavailable micronutrients in pure form

- According to the pure-substance principle
- Without colorants and flavorings, binding and separating agents
- Gluten-free
- Lactose-free
- 100 % vegan
- hypoallergen
- Tested quality

INGREDIENTS per daily dose	1 Capsule	% NRV*
QuattroFerrin® Blend	500 mg	-
<i>containing: Iron</i>	21 mg	150
Camu-camu extract	60 mg	-
<i>containing: vitamin C</i>	12 mg	15

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

### INGREDIENTS

Quattroferrin® Blend (Curry leaf extract, ferric pyrophosphate, ferrous bisglycinate, Aspergillus oryzae powder), hydroxypropyl methyl cellulose (capsule shell), camu-camu fruit extract, bulking agent: powdered cellulose.

### RECOMMENDED DOSAGE

1 capsule daily with plenty of liquid. Preferably taken on an empty stomach or 1–2 hours after a meal.

### NOTE

Food supplement in accordance with EU Directive 2002/46/EC

### PACKAGE SIZE AND CONTENT

60 capsules (2 month supply), 41 g  
180 capsules (6 month supply), 124 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. ULTIMINE™ is a trademark of CURA. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 20.04.2021.



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