

Nutrifem CalMagOcean®



Natural Calcium and Magnesium for Women

Calcium and Magnesium – Two Biological Partners

Calcium and magnesium are minerals that act as a team in the body by functioning as counterparts. They are responsible for muscle contraction and relaxation. Nerve function is also regulated by the opposing activities of magnesium and calcium.

Nutrifem CalMagOcean®: Calcium and Magnesium in a Physiological 2:1 Ratio

Nutrifem CalMagOcean® supports women—especially during pregnancy and breastfeeding—with calcium and magnesium derived from Sango coral calcium in a physiological 2:1 ratio. Fossil corals found near living coral reefs are a good source of calcium, magnesium, and important trace elements. The extraction of the coral calcium contained therein is carried out under strict ecological conditions and is controlled and monitored by the relevant authorities.

Physiological functions of the nutrients contained:

- Calcium and magnesium contribute to the maintenance of normal bones, teeth, and muscle function
- Calcium contributes to normal signal transmission between nerve cells
- Magnesium contributes to the normal function of the nervous system and to electrolyte balance

Uses:

- To improve magnesium and calcium intake, especially during pregnancy and breastfeeding
- To increase calcium and magnesium intake when needs are higher—e.g., due to taking certain medications or during growth
- To support muscle and nerve function

Bioavailable micronutrients in their purest form

- No artificial colors or flavors
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100% vegan
- Certified quality

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BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Calcium	200 mg	25
Magnesium	100 mg	27

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Coral powder, hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose

RECOMMENDED DOSAGE

1 capsule daily taken outside mealtimes with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

ADDITIONAL NOTE

Authentic Okinawa Sango coral powder made from fossilized marine corals, containing natural calcium and magnesium in a 2:1 ratio.

PACKAGE SIZE AND CONTENT

90 capsules, 100 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store at room temperature in a dry place away from light. Keep away from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors.



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