

Nachtkerzenöl 500



With 9 % gamma-linolenic acid

Evening primrose seeds: with naturally contained gamma-linolenic acid

Vegetable oils provide us with vital polyunsaturated fatty acids. Each oil has its own special fatty acid range – but many oils do not contain notable amounts of gamma-linolenic acid. A major exception to this is evening primrose. The seeds of this North American plant, which is now local in our gardens, represents an exceptionally good source of this biologically valuable fatty acid.

Biogena Nachtkerzenöl: High-quality and cold-pressed

Nachtkerzenöl from Biogena contains high-quality, cold-pressed oil from evening primrose seeds (*Oenothera biennis*). The capsules can be used over a longer period of time as a food supplement for the targeted intake of gamma-linolenic acid.

Physiological importance:

- Evening primrose oil supports the preservation of the skin
- Evening primrose oil provides poly-unsaturated fatty acids, which support optimal comfort during menstruation
- Evening primrose oil contributes to maintaining a hormonal balance

Possible uses:


- To increase the intake of natural gamma-linolenic acid from omega-6 fatty acids
- To support the hormonal balance, particularly during menstruation
- To maintain skin

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Free of additives
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan

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BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	2 capsules	% NRV*
evening primrose oil	1000 mg	-
containing: <i>gamma-linolenic acid</i>	90 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Evening primrose oil, capsule shell (modified starch, humectant: glycerol; gelling agent: carrageenan).

RECOMMENDED DOSAGE

2 capsules daily taken with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

60 capsules (1 month supply), 41 g

Dietary supplements: Do not exceed the recommended daily intake. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 26.11.2018.



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