

# MoFerrin® 21



## The gentle complement from nature

Plant source iron is still considered "poorly absorbable". Research has shown that the curry leaf iron (VegyFerrin®) contained in MoFerrin® 21 can be absorbed very well. Iron from curry leaves impresses with its good bioavailability and is a purely vegetable, particularly compatible alternative to conventional iron salts. At two to four grams, iron is the most abundant trace element in the body. As a component of the red blood pigment haemoglobin, it is involved in oxygen transport. However, energy production, immune functions and cell division also depend on an adequate iron supply. Full iron stores therefore form an important basis for concentration, energy and performance. Biogena MoFerrin® contains the first vegetable iron with high bioavailability and good tolerance and is particularly suitable for women of childbearing age, pregnant women and nursing mothers. Teenagers, athletes and vegetarians should also keep an eye on their iron supply. Biogena MoFerrin® 21 is the dietary supplement with iron and vitamin C from plant extracts - natural, vegetable, well tolerated.

## MoFerrin® 21

- Contains natural iron from a special vegetable extract (VegyFerrin®) and vitamin C from amla extract and acerola fruit juice powder
- Iron from curry leaf extract (VegyFerrin®) is very well absorbed and is characterized by good tolerability
- Iron contributes to the normal formation of red blood cells and haemoglobin and supports oxygen transport in the body
- Iron plays a role in energy production and cell division
- Iron helps reduce fatigue and exhaustion
- Vitamin C increases iron absorption
- Iron and vitamin C support the normal function of the immune system

## Possible application

- For the targeted supply of vegetable iron with high bioavailability and excellent tolerability
- For increased requirements e.g. during pregnancy and breastfeeding, during growth or for athletes
- For the support of iron supply with reduced iron intake through food e.g. for vegetarians

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**Bioavailable micronutrients in pure form**

- Only contain active ingredients
- Free of additives
- Without colouring, flavouring and coating substances
- Gluten-free
- Lactose-free
- 100 % vegan
- hypoallergen
- Tested quality

INGREDIENTS per daily dose	1 Capsule	% NRV*
Vitamin C (from amla extract and acerola fruit juice powder)	40 mg	50
Iron	21 mg	150

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

**INGREDIENTS**

Curry leaf extract , hydroxypropyl methyl cellulose (capsule shell), amla extract, bulking agent: powdered cellulose, acerola fruit juice powder.

**RECOMMENDED DOSAGE**

1 capsule daily with plenty of liquid. Preferably taken on an empty stomach or 1–2 hours after a meal.

**NOTE**

Food supplement in accordance with EU Directive 2002/46/EC


**PACKAGE SIZE AND CONTENT**

60 capsules (2 month supply), 41 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 03.06.2019



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