

BIOGENA minis - Beauty & Glow Set



The BIOGENA bundle for skin, hair and nail care from within

The BIOGENA Beauty & Glow Bundle is a trio of products that combines popular skin, hair and nail basics at a special price: AkutHaut® Balance, Multispektrum 24/7® and Omni Lactis® 20 **in a practical travel size** offer combined nutritional care for him and her.

AkutHaut® Balance

Selected vital substances can provide nutritional support for the skin and reach deeper structures and tissues from the inside out. BIOGENA AkutHaut® Balance is a sophisticated combination of various micronutrients to support a balanced complexion. It includes zinc and vitamin A, which contribute to the maintenance of normal skin. Vitamin C also supports the body's own collagen formation for normal skin function and, together with zinc, helps to protect the cells from oxidative stress. Biogena AkutHaut® Balance also provides an extra portion of oligomeric proanthocyanidins (OPC) with its pigeon seed extract. A premium extract of frankincense with a standardized content of beta-boswellic acids and Yestimun®, high-quality beta-glucans obtained from yeast, round off the formula.

Multispektrum 24/7®

BIOGENA Multispektrum 24/7® is the sensible basic supply with the entire vitamin spectrum, essential trace elements and valuable plant substances. The comprehensive supply of 27 nutrients is an ideal vitamin and mineral supplement with nutrients that help to maintain health and beauty. Vitamin H, better known as biotin, and selenium contribute to the maintenance of beautiful hair. Zinc and selenium also help to maintain healthy nails and protect cells from oxidative stress. Iron and vitamin C help to reduce tiredness and fatigue. The 24-hour and seven-day basic supply thus makes an important contribution to the nutritional support of personal glow.

Omni Lactis® 20

If we take a closer look at the skin, it quickly becomes clear that it does not end at the mouth. Instead, it changes and continues as the so-called mucous membrane inside our body. There is a lot going on along our intestinal mucosa: The intestinal flora, also known as the microbiome, colonizes it. The diverse tasks of the microbiome are the focus of much research. Our intestinal bacteria are jointly responsible for the optimal functioning of our digestive system. Among other things, the bacteria in the gut ensure that nutrients can be optimally utilized. This is sometimes an essential process for beautiful skin. A healthy gut reflects the condition of the skin. Due to their diverse functions, the gut benefits from a wide range of different bacterial strains. With 20 billion reproducible bacteria per daily dose from 10 different, scientifically studied bacterial strains, Omni Lactis® 20 Gold contributes to a diverse colonization pattern in the intestine. The highly concentrated bacteria colonize the intestine and thus specifically support well-being.

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



BIOGENA
WELCOME TO YOURSELF

- The nutritional basics for supporting skin, hair and nails as well as a good gut feeling

Possible applications

- For beauty care
- For a balanced complexion, beautiful hair and healthy nails
- As a nutritional contribution to support skin function
- For the targeted supply of a high concentration of lactic acid bacteria cultures
- Supports the maintenance of vitality and well-being

Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colorants and flavorings
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100% vegan
- Tested quality

INGREDIENTS per daily dose (Mini - AkutHaut® Balance)	1 capsule	% NRV*
Vitamin C	120 mg	150
Zinc	15 mg	150
Vitamin A (µg RE)	600 µg	75
Frankincense extract (Boswellin®)	250 mg	-
<i>containing: beta-boswellic acids</i>	50 mg	-
Beta-Glucans	100 mg	-
Grape seed extract	50 mg	-
<i>containing: proanthocyanidins (OPC)</i>	20 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Boswellia serrata extract, calcium-L-ascorbate, yeast (*Saccharomyces cerevisiae*) beta-glucans, hydroxypropyl methyl cellulose (capsule shell), zinc picolinate, grape seed extract (*Vitis vinifera*), bulking agent: powdered cellulose, retinyl acetate.

INGREDIENTS per daily dose (Mini - Multispektrum 24/7®)	2 capsules	% NRV*
Vitamin C	120 mg	150
Niacin (mg NE)	32 mg	200
Vitamin E (mg alpha-TE)	18 mg	150
Pantothenic acid	10 mg	167
Thiamine (vitamin B1)	3.3 mg	300
Vitamin B6	2.8 mg	200
Riboflavin (vitamin B2)	2.8 mg	200
Folic acid	600 µg	300
Biotin	100 µg	200
Vitamin K2 (menaquinone-7)	25 µg	33
Vitamin D3	25 µg	500

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com



Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com, italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



BIOGENA
WELCOME TO YOURSELF

Calcium	300 mg	38
Magnesium	150 mg	40
Iron	7 mg	50
Zinc	5 mg	50
Manganese	1 mg	50
Copper	1 mg	100
Iodine	100 µg	67
Selenium	55 µg	100
Molybdenum	50 µg	100
Chromium	40 µg	100
Blueberry extract	20 mg	-
<i>containing: anthocyanins</i>	1 mg	-
Ubiquinol (activated coenzyme Q10)	10 mg	-
Beta-carotene	2.4 mg	-
<i>corresponds to vitamin A (µg RE)</i>	400 µg	50
Lutein	1 mg	-
Lycopene	1 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Coral powder (contains calcium and magnesium), hydroxypropyl methyl cellulose (capsule shell), calcium-L-ascorbate, bulking agent: powdered cellulose, D-alpha tocopheryl acetate, ferrous bisglycinate, ubiquinol (contains **soybean**), nicotinamide, blueberry extract, lycopene (from tomato), zinc bisglycinate, vitamin K2 (menaquinone-7), potassium iodide, beta-carotene, sodium selenite, sodium molybdate, calcium-D-pantothenate, cholecalciferol, manganese sulphate, thiamine mononitrate, Marigold extract (contains lutein), pyridoxine hydrochloride, copper bisglycinate, riboflavin, folic acid, methylcobalamin, chromium picolinate, D-biotin, magnezi.

INGREDIENTS per daily dose (Mini - Omni Lactis® 20 Gold)

	2 capsules	% NRV*
Lactobacilli and bifidobacteria powder	625 mg	-
Inulin (Fibruline®DS2)	340 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Lactobacilli and bifidobacteria powder***, inulin from the chicory root, capsule shell (hydroxypropyl methyl cellulose, gelling agent: gellan gum).


RECOMMENDED DOSAGE

AkutHaut® Balance: Take 1 capsule daily with plenty of liquid with a meal. Multispektrum 24/7®: Take 2 capsules daily with plenty of liquid, preferably spread throughout the day. Omni Lactis® 20: Take 2 x 1 capsule daily with plenty of liquid approx. 30 minutes before a meal. If taking antibiotics at the same time, an interval of 2-3 hours is recommended.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



BIOGENA
WELCOME TO YOURSELF

IMPORTANT NOTICE

Suitable for adults only. Do not consume during pregnancy and breastfeeding. Patients taking anti-coagulants should consult their doctor before taking vitamin K supplements. Due to the increased zinc content of the Beauty & Glow Collection, it is recommended to limit the intake to a few weeks/months.

ADDITIONAL NOTE

***With a total of 20 billion CFU (colony-forming units) per daily dose.

Total vitamin C content: 240 mg (300% NRV), zinc 20 mg (200% NRV), vitamin A 1000 µg (125% NRV)

PACKAGE SIZE AND CONTENT


AkutHaut® Balance 8 g (10 capsules)

Multispektrum 24/7® 15 g (14 capsules)

Omni Lactis® 20 6 g (10 capsules)

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided is not intended as a cure or a recommendation for self-medication. Boswellin® is a trademark of Sabinsa. Subject to printing and typesetting errors. Status: 14.06.2024 .

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, biogena.com

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://www.biogena.com)



BIOGENA
WELCOME TO YOURSELF