# L-Tyrosin 400



# For a targeted intake of the amino acid

## L-tyrosine L-tyrosine – precursor of dopamine, noradrenalin and adrenalin

L-tyrosine is an amino acid and an exceptionally high quantity can be found in poultry, fish, dairy products and legumes. German chemist, Justus von Liebig, first discovered tyrosine in 1846 in common cheese, which is also the reason for the name of this amino acid. The Greek word "tyros" simply means "cheese". L-tyrosine is a non-essential amino acid because it can be formed by our body from the essential amino acid phenylalanine. In the body, L-tyrosine acts as a precursor of the hormones and neurotransmitters dopamine, noradrenalin and adrenalin. These hormones belong to the group of catecholamines, which takeover numerous different functions in the human body. Biogena L-Tyrosin 400 supplies the body with the amino acid L-tyrosine in a targeted manner.

## L-Tyrosin 400

- Contains the non-essential amino acid L-tyrosine
- Supports the additional intake of L-tyrosine

## Possible uses:

• For the supplementary intake of the amino acid L-tyrosine, a precursor of the hormones and neurotransmitters dopamine, noradrenalin and adrenalin

# Bioavailable micronutrients in a pure form:

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Fructose-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

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INGREDIENTS per daily dose	2 capsules	% NRV*
L-tyrosin	800 mg	-

<sup>\* %</sup> OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

#### **INGREDIENTS**

L-tyrosin, hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose.

# RECOMMENDED DOSAGE

2 capsules daily to be taken approx. 30 minutes before a meal with plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## IMPORTANT NOTICE

The intake of L-tyrosine should be avoided during pregnancy, while breast-feeding, in case of high blood pressure and severe liver diseases. L-tyrosine should not be taken simultaneously with L-dopa (an antiparkinson medication).

## PACKAGE SIZE AND CONTENT

120 capsules (2 month supply), 69 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Version 26.05.2023.











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