

L-Glutathion reduziert



Tripeptide GSH

L-glutathione: An important endogenous substance

Glutathione (GSH) is an endogenous peptide compound, which is present in almost all human cells and is a component of important enzymes. In the body it is formed from the three amino acids glutamine acid, cysteine and glycine in a two-stage synthesis process. In this process, the sulphur-containing amino acid cysteine assumes a special role because only it is only found in selected foods in the human diet. High-quality sources for example, are vegetables from the cabbage family such as broccoli, cauliflower and Brussels sprouts. Furthermore, white and green cabbage or various root vegetables also contribute to the daily intake of cysteine. Biogena L-Glutathion reduziert contains glutathione in its reduced thiol form (GSH) and can be used for the targeted intake of this important tripeptide.

L-Glutathion reduziert

- Contains the endogenous peptide compound L-glutathione in the reduced thiol form (GSH)

Possible uses:

- For the targeted intake of L-glutathione in the reduced thiol form (GSH)

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegetarian
- Quality tested

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BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
L-glutathione	100 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

L-glutathione (reduced), hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose.

RECOMMENDED DOSAGE

1 capsule daily taken outside mealtimes with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

60 capsules (2 month supply), 10 g

Food supplement: Do not exceed the recommended daily dose. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version 10.10.2018.



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