

Griffonia 50 Serolution®



Griffonia50 Serolution® - with vitamins, amino acids and Griffonia simplicifolia extract

Griffonia simplicifolia is the scientific name of the African black bean and is closely related to the so-called "happiness hormone" serotonin because it is naturally rich in 5-hydroxytryptophan (5-HTP). 5-HTP is a natural intermediate product of the body from which serotonin is formed. The serotonin level is closely related to a positive mood and a feeling of satisfaction.

Biogena Griffonia50 Serolution® contains the amino acids 5-HTP from Griffonia simplicifolia and phenylalanine, which are precursors of serotonin and noradrenalin. The vitamins B1, B6, B12, niacin and biotin also play a role in the function of the nervous system and the psyche and are particularly needed in times of increased stress for the conversion of amino acids into serotonin. In addition, pantothenic acid and vitamin B2 are contained - so the daily intake of these micronutrients can contribute to maintaining the energy metabolism.

In combination with special B vitamins and amino acids, Biogena Griffonia50 Serolution® can support your well-being in stressful situations.

Griffonia50 Serolution®

- With the amino acids 5-HTP and phenylalanine, the precursors of serotonin and norepinephrine
- The vitamins B1, B6, B12, niacin and biotin contribute to the function of the nervous system and to normal mental function.
- Pantothenic acid and vitamin B2 contribute to a normal energy metabolism

Fields of application:

- To support nerves and psyche in times of high stress
- To meet the needs for 5-HTP and phenylalanine needed to produce serotonin and noradrenaline
- To increase the intake of all eight B vitamins and phosphatidylcholine

Bioavailable micronutrients in a pure form

- Pure substance principle
- Without colours, flavours or glazing agents
- Gluten-free
- Lactose-free
- Hypoallergenic
- 100 % vegan
- Vegetable capsule shell

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Part of the
Biogena Group 

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BIOGENA
WELCOME TO YOURSELF

- Quality tested

INGREDIENTS per daily dose	2 capsules	% NRV*
Niacin (mg NE)	36 mg	225
Pantothenic acid	12 mg	200
Vitamin B6	4.2 mg	300
Riboflavin (vitamin B2)	3.2 mg	229
Thiamine (vitamin B1)	2.8 mg	255
Folic acid	400 µg	200
Biotin	300 µg	600
Vitamin B12	2 µg	80
L-phenylalanine	100 mg	-
Griffonia extract	333.4 mg	-
<i>containing: 5-hydroxytryptophan</i>	<i>100 mg</i>	-
Phosphatidylcholine	40 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Bulking agent: powdered cellulose, Griffonia simplicifolia extract (containing 5-hydroxytryptophan), hydroxypropyl methyl cellulose (capsule shell), phosphatidylcholine from rapeseed lecithin, L-phenylalanine, nicotinamide, calcium-D-pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, folic acid, D-biotin, hydroxocobalamin.

RECOMMENDED DOSAGE

2 x 1 capsule daily taken with plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

If you are taking antidepressants, consult your doctor before taking Griffonia50 Serolution®. Due to insufficient studies, Griffonia should not be consumed during pregnancy or lactation. Only suitable for adults.

PACKAGE SIZE AND CONTENT

60 capsules (1 month supply), 37 g
180 capsules (3 month supply), 110 g

Food supplement: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version 06.09.2022.



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