

Folsäure 800 aktiviert



Supports blood formation, reduces fatigue & exhaustion

Folic acid in activated form

Folic acid belongs to the group of B vitamins and is also known as vitamin B9. Natural sources include especially whole grain products, legumes and green leafy vegetables such as spinach or lamb's lettuce. Folic acid is a heat-sensitive and water-soluble vitamin. Therefore, vitamin losses can occur when food is prepared or stored for a longer period of time. Folic acid is involved in a number of metabolic processes in the body, such as the conversion of homocysteine into methionine. The branded raw materials Quatrefolic® and Extrafolate-S® Crystal contained in Folsäure 800 contain folic acid in activated form as high-quality 5-methyltetrahydrofolate. These compounds can therefore be absorbed particularly easily and are directly available to the organism, as they do not first have to be converted into the active form. Folate plays a role in cell division and blood formation and contributes to the reduction of tiredness and fatigue. This vitamin is also important during pregnancy, as it is essential for the growth of maternal tissue. In this special phase of life, the need may be increased. Sufficient intake should therefore be ensured. Folsäure 800 from Biogena contains 400 µg calcium L-methylfolate (Extrafolate-S® Crystal) and 400 µg 5MTHF-glucosamine (Quatrefolic®), two folic acid compounds in activated form.


Folsäure 800

- Contains high-dose folic acid in activated form with Quatrefolic® and Extrafolate-S® Crystal
- Folic acid plays a role in normal hematopoiesis, cell division and amino acid synthesis
- Folic acid helps to reduce fatigue and exhaustion
- Folic acid contributes to a normal homocysteine metabolism
- Folic acid contributes to the growth of maternal tissue during pregnancy

Fields of application

- To improve the supply of insufficient folic acid via nutrition
- To reduce fatigue and exhaustion
- To support blood formation and cell division
- For the targeted supply with increased need, e.g. in growth, for athletes, during pregnancy and lactation

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Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colourings, flavours and coatings
- Gluten free
- Lactose-free
- Fructose-free
- 100 % vegan
- hypoallergenic
- Tested quality

INGREDIENTS per daily dose	1 Capsule	% NRV*
Folate (total)	800 µg	400
as calcium-L-methylfolate (Extrafolate-S® Crystal)	400 µg	200
as 5MTHF-glucosamine (Quatrefolic®)	400 µg	200

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell), 5MTHF-glucosamine, calcium-L-methylfolate.

RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

ADDITIONAL NOTE

Only suitable for adults.

PACKAGE SIZE AND CONTENT

120 capsules (4 month supply), 22 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Quatrefolic® and Extrafolate-S® Crystals are registered trademarks of Gnosis S.p.A. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 26.05.2023.



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