

Chrom 200



To maintain blood sugar levels

Chromium - an important trace element of the sugar metabolism

Chromium, an important trace element of the sugar metabolism, is an essential trace element that plays an important role in the body's sugar metabolism. After eating, the glucose obtained from carbohydrates is transported into the cells. Insulin is necessary for this process. However, chromium also plays an active role in this process and thus contributes to maintaining a normal blood sugar level. Various circumstances can lead to an additional demand for this trace element. Chromium is particularly important in a typically Western, carbohydrate-rich diet, as it plays a role in the usability of macronutrients (e.g. carbohydrates and fats). Also the increasing age or a high sports workload can increase the daily chromium requirement. Biogena Chrom 200 contains chromium in physiological dosage and is therefore particularly suitable for daily supplementation in cases of increased need, such as in elderly people, carbohydrate-rich diets or competitive athletes.

Chrom 200

- Chromium helps maintain normal blood sugar levels
- contributes to the normal metabolism of macronutrients (e.g. carbohydrates)

Fields of application

- To maintain normal blood sugar levels
- For an improved supply with increased need, e.g. with competitive athletes and carbohydrate-rich nutrition
- To compensate for insufficient chromium absorption, e.g. in old age

Bioavailable micronutrients in pure form

- According to the pure substance principle
- Without colourings, flavours and coatings
- Gluten free
- Lactose-free
- Fructose-free
- Plant capsule shell
- 100 % vegan
- hypoallergenic
- Tested quality

Biogena GmbH & Co KG
Strubergasse 24, A-5020 Salzburg, [biogena.com](mailto:info@biogena.com)

Part of the
Biogena Group 

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://www.biogena.com)



BIOGENA
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Chromium	200 µg	500

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell), chromium (III) chloride.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

PACKAGE SIZE AND CONTENT

120 capsules (4 month supply), 23 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 01.03.2023.



Biogena GmbH & Co KG
 Strubergasse 24, A-5020 Salzburg, biogena.com

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 Biogena Group

Toll-free Infoline Austria: T +43 662 23 11 11, info@biogena.com
Infoline Germany, Italy and International: T +49 8654 774 00-0, deutschland@biogena.com,
italien@biogena.com, worldwide@biogena.com
Infoline Switzerland: T +41 43 215 20 59, schweiz@biogena.com

Online orders: biogena.com



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