

# BIOGENA SPORTS - Potassium Magnesium Taurine B6



Whether it's a sweaty workout, weight training or endurance training, BIOGENA SPORTS Potassium Magnesium Taurine provides you with specially selected micronutrients after training

With the 3-fold magnesium formula for your electrolyte balance, potassium and magnesium for your muscle function, vitamin B6 for energy metabolism and taurine from two compounds. For all those who not only train, but also recover smartly

## Product benefits:

### Potassium:

- Potassium contributes to normal muscle function.


### Magnesium:

- *Magnesium contributes to electrolyte balance.*
- *Magnesium contributes to normal muscle function.*
- *Magnesium contributes to normal energy metabolism.*
- *Magnesium contributes to the reduction of fatigue and tiredness.*

### Vitamin B6:

- *Vitamin B6 contributes to normal energy metabolism\**
- *Vitamin B6 contributes to the reduction of tiredness and fatigue.*

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## Bioavailable micronutrients in pure form

- According to the pure substance principle
- without colorants and flavorings
- Gluten-free
- lactose-free
- Fructose-free
- hypoallergenic
- 100% vegan
- tested quality

INGREDIENTS per daily dose	3 units	% NRV*
Potassium	300 mg	15
Magnesium	180 mg	48
Vitamin B6 (activated)	2.1 mg	150
Taurine	856 mg	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Potassium citrate, magnesium taurate, magnesium bisglycinate, magnesium citrate, hydroxypropyl methyl cellulose (capsule shell), taurine, pyridoxal 5'-phosphate.

## RECOMMENDED DOSAGE

Take 3 capsules daily with plenty of liquid in the evening or immediately after sporting activity.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## PACKAGE SIZE AND CONTENT

90 capsules (pack for 2 months), 87 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 27.05.2025.



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