

Berberin Phytoactive Gold



Berberine - from Ayurveda to science

Berberine is a bright yellow plant pigment that owes its name to the barberry plant genus. The valuable natural substance is found in high concentrations in the roots of the barberry (*Berberis aristata*), which is already known from Ayurvedic teachings. Since the turn of the century, scientific interest in this valuable natural substance has increased considerably. While in 2000, the PubMed study database published 18 publications with "berberine" in the title, 76 berberine-centred papers were already counted in the first months of 2023.

Patented phytosome technology - in a class of its own

While berberine is fundamentally a promising plant compound, the bioavailability of conventional berberine is problematic due to its poor water solubility. BIOGENA Berberin Phytoactive Gold, however, contains the berberine phospholipid blend in the form of the Italian brand raw material Berbevis™. This is based on *Berberis aristata* root extract, which is specially processed using the proprietary Indena Phytosome™ technology. The valuable natural substance is not present free as usual, but is coated with phospholipids from the sunflower (sunflower lecithin). Due to this technological advance on a plant basis, the berberine contained can be absorbed particularly well by our body. The optimal bioavailability is also confirmed by a randomised, double-blind study.

Berberin Phytoactive Gold - because Berberine and Berbevis™ are worlds apart.

Berberin Phytoactive Gold

- With the patented premium branded raw material Berbevis™
- Based on high-quality full-spectrum root extract of barberry (*Berberis aristata*)
- Optimal bioavailability thanks to Indena Phytosome™ technology.
- Berberine from Berbevis™ is particularly well absorbed - confirmed in studies

Possible applications

- For the targeted supply of valuable berberine, which is characterized by particularly good bioavailability

Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours or flavours
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell

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INGREDIENTS per daily dose	1 Capsule	% NRV*
Berberine-phospholipid blend (Berbervis™)	500 mg	-
<i>containing: berberine</i>	150 mg	-
<i>containing: sunflower lecithin</i>	80 mg	-
<i>containing: polyphenols from grape seed extract</i>	50 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Berberine-phospholipid blend [Berberis aristata extract (contains berberine), pea protein, sunflower lecithin, grape seed extract], hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED DOSAGE

1 capsule daily taken with a main meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

This product should not be consumed by pregnant and breastfeeding women, children and adolescents. Do not take at the same time as medication.

PACKAGE SIZE AND CONTENT

90 capsules (3 month supply), 50 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Berbervis™ and Phytosome™ are trademarks of Indena S.p.A., Italy. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 22.03.2023.



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