

BIOGENA SPORTS

Omega 3 ultra



BIOGENA SPORTS Omega-3 Ultra provides high-quality fish oil with high doses of EPA and DHA—enriched with vitamin E. **For a targeted supply of omega-3 fatty acids. Specially formulated to meet the needs of an active lifestyle. EPA and DHA contribute to normal heart function.** This beneficial effect is achieved with a daily intake of 250 mg of EPA and DHA. With 800 mg of EPA and 600 mg of DHA per daily serving, omega-3 intake can be easily integrated into your daily routine.

Whether you're doing intense strength training, long endurance workouts, or just staying active in your daily life—BIOGENA SPORTS Omega-3 ultra specifically supplements your diet with high-dose omega-3 fatty acids.

With 800 mg of EPA and 600 mg of DHA per daily serving, the formula provides you with essential fatty acids from high-quality fish oil—enriched with vitamin E. For anyone looking to specifically supplement their diet as part of their daily athletic routine.

Daily intake of 250 mg of DHA:

- *Contributes to the maintenance of normal brain function
- *Contributes to the maintenance of vision

Daily intake of 250 mg EPA & DHA:

- *Contributes to normal heart function.

Vitamin E:

- *Helps protect cells from oxidative stress.

INGREDIENTS per daily dose	2 capsules	% NRV*
Fish oil concentrate	2000 mg	-
<i>containing: eicosapentaenoic acid (EPA)</i>	800 mg	-
<i>containing: docosahexaenoic acid (DHA)</i>	600 mg	-
Vitamin E (mg alpha-TE)	20 mg	167

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

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BIOGENA
WELCOME TO YOURSELF

INGREDIENTS

fish oil concentrate, capsule shell (gelatine from **fish**, humectant: glycerol), D-alpha-tocopherol.

RECOMMENDED DOSAGE

2 capsules daily taken at meal times with plenty of liquid.

NOTE

Dietary supplements in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Not suitable for pregnant or breastfeeding women.

PACKAGE SIZE AND CONTENT

90 capsules, 125 g

Dietary supplements: Do not exceed the recommended daily intake. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store at room temperature in a dry place away from light. Keep away from heat. Keep out of reach of children. Suitable for people with diabetes. The information provided is not intended as medical advice or a recommendation for self-medication. Subject to any printing or typographical errors.



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