

# BIOGENA SPORTS magnesium water



Our magnesium water is the smart alternative to capsules or powders – ready to drink, light and immediately available. Developed for active people who want to combine function and convenience. The formula with magnesium citrate is also suitable for increased perspiration or intensive sports sessions. Simply grab, drink and refresh.

**Buy magnesium water & refresh now!**

Ideal before, during or after sport, during high physical exertion or stress. Supports electrolyte balance, energy metabolism and muscle function\* – also practical for on the go or when traveling.

## Product benefits:


- \*Magnesium contributes to electrolyte balance
- \*Magnesium contributes to normal muscle function
- \*Magnesium contributes to the normal function of the nervous system
- \*Magnesium contributes to the reduction of fatigue and tiredness.
- \*Magnesium contributes to normal energy metabolism

Carbonated refreshing drink with magnesium, with mint and elderflower flavor. Sugar free

Contains small amounts of fat, saturated fats, carbohydrates, sugar, protein and salt.

\*Reference amount for an average adult (8400 kJ/2000 kcal). / \*\* % of the nutrient reference values according to EU Regulation 1169/2011.

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**BIOGENA**  
WELCOME TO YOURSELF

## INGREDIENTS

Water, magnesium citrate, Carbonic acid, acid: citric acid, glycine, natural flavourings, coloring food: spirulina extract.

NUTRITIONAL VALUE TABLE:	per 100 ml	per can (250 ml)	% RI*/% NRV**
Energy	7 kJ / 2 kcal	16 kJ / 4 kcal	<1 %
Magnesium	57 mg	142.5 mg	38%

## NOTE

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## ADDITIONAL NOTE

A varied and balanced diet and a healthy lifestyle are important

## PACKAGE SIZE AND CONTENT

6 x 250 ml

Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 16.07.2025.



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