

BIOGENA SPORTS - Kalium Magnesium Sport



Potassium and magnesium - mineral powder combined with L-glutamine for muscles, energy metabolism & endurance

The two minerals potassium and magnesium are important companions for successfully mastering physical challenges in all training and performance phases. This unbeatable mineral team keeps the body on track as it contributes to the normal functioning of the muscles. Magnesium is also the body's energy elixir because it is important for supporting energy metabolism and helps to reduce tiredness and fatigue. Particular attention should be paid to adequate magnesium intake during intense physical exertion. Exercise also has an influence on the electrolyte balance. An adequate intake of magnesium can help to maintain the balance of electrolytes in the body during physical exertion. Potassium has also made a name for itself, especially among sports enthusiasts. In addition to supporting muscle function, potassium plays an important role in the healthy functioning of the nervous system and in maintaining normal blood pressure.

Thanks to the intelligent combination with the amino acid L-glutamine from the brand manufacturer Kyowa (Kyowa Quality®) with optimum bioavailability, Potassium Magnesium Sport provides additional support. In the body, the highest concentrations of L-glutamine are found in the muscles. The amino acid is also an energy substrate for the cells of the gastrointestinal tract.


Thanks to the READY-TO-GO stick format, the mineral powder is ideal for on the go.

BIOGENA SPORTS Potassium Magnesium Sport - support your athletic potential with the unbeatable mineral duo.

Possible uses

- Potassium-magnesium powder for daily supplementation during sport
- To improve mineral intake during sport and high sweat loss
- To support normal muscle function and energy metabolism, especially during physical exertion
- The minerals magnesium and potassium contribute to normal muscle function.
- Magnesium supports normal energy metabolism, contributes to the reduction of tiredness and fatigue and plays a role in maintaining the electrolyte balance.
- Potassium supports the normal function of the nervous system.
- Potassium contributes to the maintenance of normal blood pressure.
- To increase the supply of the amino acid L-glutamine

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Bioavailable micronutrients in pure form

- According to the pure substance principle
- Gluten-free
- Lactose-free
- Fructose-free
- Hypoallergenic
- 100 % vegan
- Tested quality

INGREDIENTS per daily dose	1 stick	% NRV*
Magnesium	153 mg	41
Potassium	1000 mg	50
L-glutamine	2000 mg	-

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Magnesium potassium citrate, L-glutamine*, acid: citric acid.

RECOMMENDED DOSAGE

Daily dissolve the content of one stick (6 g) in plenty of water (approx. 250 - 300 ml) and drink with a meal.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

ADDITIONAL NOTE

*Kyowa Quality®


PACKAGE SIZE AND CONTENT

30 portions of 6 g each (pack for 1 month), 180 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Kyowa Quality® and the KQ Logo are registered trademarks of KYOWA HAKKO BIO CO., LTD. Subject to print or typographical errors. Version: 21.2.2024.



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