

# BIOGENA SPORTS - Active CoQ10 200



## High-dose ubiquinol for use in everyday sporting activities

Coenzyme Q10 (CoQ10) is a natural substance from our food that can also be produced in the body itself. It is involved in numerous processes in the body and can be found in every cell, including the mitochondria. This is because CoQ10 is an essential electron carrier in the mitochondrial respiratory chain, an important part of the human energy metabolism. Particularly high concentrations of coenzyme Q10 are found in organs that require a lot of energy, such as the brain, kidneys and liver as well as the heart and muscles - no wonder that coenzyme Q10 is of great interest to athletes.

CoQ10 exists in two forms, as ubiquinone and ubiquinol. In the body, over 95% of the micronutrient CoQ10 is present as active ubiquinol. CoQ10 in the form of ubiquinone must first be converted into ubiquinol in the body, whereas ubiquinol is directly active and bioavailable. The active form of CoQ10 can therefore be used directly by the body. In BIOGENA SPORTS Active CoQ10 200, ubiquinol (KANEKA Ubiquinol™) is available to the body completely and without delay - independent of cellular conversion steps. Ubiquinol from the quality manufacturer KANEKA is bioidentical to the ubiquinol that is naturally produced in the human body.

This premium SPORTS preparation also scores points with its particularly high dosage of 200 mg ubiquinol, whereby the sensitive ubiquinol is packaged safely and airtight in high-quality liquid capsules. This means that one capsule a day is enough to ideally support athletes in their active everyday lives.

BIOGENA SPORTS Active CoQ10 200 - High performance? High dose!

## BIOGENA SPORTS Active CoQ10 200

- With an exceptional dosage of 200 mg ubiquinol per capsule
- Contains bioidentical, 100% pure coenzyme Q10 (Kaneka Ubiquinol™)
- Stable raw material in airtight liquid capsule for excellent stability

## Possible applications

- For the rapid absorption of high-dose ubiquinol, especially in the sports sector
- For the supply of bioidentical coenzyme Q10 in the immediately available ubiquinol form

**Biogena GmbH & Co KG**  
Strubergasse 24, A-5020 Salzburg, [biogena.com](http://biogena.com)

Part of the  
Biogena Group 

**Toll-free Infoline Austria:** T +43 662 23 11 11, [info@biogena.com](mailto:info@biogena.com)  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, [deutschland@biogena.com](mailto:deutschland@biogena.com),  
[italien@biogena.com](mailto:italien@biogena.com), [worldwide@biogena.com](mailto:worldwide@biogena.com)  
**Infoline Switzerland:** T +41 43 215 20 59, [schweiz@biogena.com](mailto:schweiz@biogena.com)

Online orders: [biogena.com](http://biogena.com)



**BIOGENA**  
WELCOME TO YOURSELF

INGREDIENTS per daily dose	1 Capsule	% NRV*
Ubiquinol (KANEKA UBIQUINOL™)	200 mg	-

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

## INGREDIENTS

Rapeseed oil, Capsule shell [gelatine (bovine), humectant: glycerine, colorant: copper-containing complexes of chlorophylls and chlorophyllins], ubiquinol.

## RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

## NOTE

Food supplement in accordance with EU Directive 2002/46/EC

## IMPORTANT NOTICE

This product should not be consumed by children and adolescents under the age of 18 or by pregnant or breastfeeding women. If you are taking medication, you should consult your doctor before consuming the product.

## PACKAGE SIZE AND CONTENT

60 capsules (pack for 2 months), 88 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided is not intended to be curative or to encourage self-medication. KANEKA UBIQUINOL™ is a registered trademark of KANEKA Corp. Subject to printing and typesetting errors. Status: 02.08.2024.



**Biogena GmbH & Co KG**  
 Strubergasse 24, A-5020 Salzburg, biogena.com

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 Biogena Group 

**Toll-free Infoline Austria:** T +43 662 23 11 11, info@biogena.com  
**Infoline Germany, Italy and International:** T +49 8654 774 00-0, deutschland@biogena.com,  
 italien@biogena.com, worldwide@biogena.com  
**Infoline Switzerland:** T +41 43 215 20 59, schweiz@biogena.com

Online orders: [biogena.com](https://www.biogena.com)



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