

# Ashwagandha Triple Superior



## Ashwagandha Triple Superior Gold: The luxury formula for relaxation

There is a fire burning inside each of us, a blaze that defines us as human beings. This inner fire is strained day after day - when the job is stressful, raising children is demanding, responsibilities weigh on us or new to-do's pile up every day. BIOGENA has developed Ashwagandha Triple Superior Gold especially for stressed people - THE luxury formula for relaxation and well-being.

## Ashwagandha - tradition in the modern light of science

The use of the ashwagandha plant can look back on a tradition of over 1000 years. Ayurvedic scholars and creative people recognized its valuable adaptogenic properties early on, which we can make good use of in today's stressful times. After all, adaptogenic plants help to give our organism peace and well-being during stressful situations. While the ashwagandha root has made a name for itself in the western world, Ayurveda makes use of the whole plant with its entire spectrum of plant substances. Different withanolides are found not only in the root, but in the entire plant.

## Ashwagandha Triple Superior Gold: Premium Ashwagandha KSM-66® & 40 mg withanolides

Ashwagandha Triple Superior Gold brings the quality characteristics of the plant to their best form through the skillful combination of three premium extracts. A root extract with special high-dose withanolides, a full-spectrum extract from the entire plant and the premium raw material KSM-66® Ashwagandha merge to form the ultimate triple. This smart fusion makes it possible to achieve one of the highest dosages currently on the market with 40 mg of withanolides per capsule. To give the BIOGENA Gold preparation a perfect finish, the properties of ashwagandha have also been supplemented with magnesium and vitamin B6 to support the functions of the nerves and psyche.

## BIOGENA Ashwagandha Triple Superior Gold

- Developed for calm and relaxation - luxury in our stressful phases
- Ashwagandha is a herbal adaptogen that contributes to mental and physical well-being in times of increased stress
- Combines three premium ashwagandha extracts in one capsule: The branded raw material KSM-66®, a root extract with a high withanolide content and a whole plant extract
- For maximized quality characteristics: High withanolide concentration + the full spectrum of the plant
- Provides 40 mg withanolide per capsule - one of the highest doses currently on the market
- Perfected with magnesium and vitamin B6 to support nerve and mental functions

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**Possible applications:**

- For relaxation and to maintain well-being
- To support increased stress levels
- To support mental and physical well-being

**Bioavailable micronutrients in pure form:**

- According to the pure substance principle
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Tested quality

INGREDIENTS per daily dose	1 Capsule	% NRV*
Ashwagandha triple blend	500 mg	-
<i>contains: withanolides</i>	40 mg	-
Magnesium (Biogena Viersalz®-complex)	56 mg	15
Vitamin B6 (activated)	4.2 mg	300

\* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

**INGREDIENTS**

Ashwagandha triple blend (ashwagandha root extract, ashwagandha root extract\*\*, ashwagandha total extract), Biogena Viersalz®-complex (magnesium citrate, magnesium oxide, magnesium gluconate, magnesium carbonate), hydroxypropyl methyl cellulose (capsule shell), bulking agent: powdered cellulose, pyridoxal 5'-phosphate.

**RECOMMENDED DOSAGE**

1 capsule daily taken before a meal with plenty of liquid.

**NOTE**

Food supplements in accordance with EU Directive 2002/46/EC

**IMPORTANT NOTICE**

Suitable for adults only. Do not consume during pregnancy and breastfeeding.

**ADDITIONAL NOTE**

\*\*KSM-66®

**PACKAGE SIZE AND CONTENT**

120 capsules (pack for 4 months), 94 g

Food supplement: The stated recommended daily intake must not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store at room temperature, dry and protected from light. Protect from heat. Keep out of the reach of children. Suitable for diabetics. Information provided is not intended to be curative or self-medicating. KSM-66® is a registered trademark of Ixoreal Biomed Inc. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to printing and typesetting errors. Status: 21.8.2024.



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