# The Good Gums® -**Black Cumin**



## The Good Gums®: Indulgence with a nutritive plus

The Good Gums® is a new Biogena product line that packs sensible micronutrient combinations into vegan, sugar-free gummy bears. The high-quality gummy bears not only look good enough to eat, they also taste delicious and provide added nutritional value. And all without compromising on the usual radical Biogena quality.

#### Are you ready for a smart tête-à-tête between taste and tradition?

Only The Good Gums® Black Cumin Edition offers the exciting combination of the taste of America's cult beverage and the "gold of the pharaohs". The tingling tête-à-tête of delicious cola flavour with high-quality black cumin oil gives the vegan and sugar-free gummi bears not only a unique taste, but also that certain something nutritionally.

#### The Good Gums® Black Cumin Edition: The reliable partner at any time of the year

Whether in the heyday of spring or on the well-established feel-good couch in winter: The Good Gums® Black Cumin Edition are your reliable snacking partner at any time of year. With the daily dose of 3 bears, you get to enjoy 960 mg of premium black cumin oil (= 320 mg per bear). The aromatic black cumin oil brings a very special touch not only in terms of taste but also in terms of content. In cold-pressed form, black cumin oil captivates with a fine mixture of unsaturated fatty acids and plant-specific ingredients. Of particular interest to modern nutritional science are the valuable essential oils. Thanks to the gentle manufacturing process, the inner values of the oil remain largely untouched.

# The Good Gums® Black Cumin Edition

- Vegan, sugar-free gummy bears with cola flavour made from natural flavours
- With high quality oil from the seeds of the traditional Genuine Black Cumin Nigella sativa
- Nigella sativa is a source of unsaturated fatty acids and captivates with unique notes of plant-specific essential oils
- 100 % vegan & sugar-free

#### Possible uses

- 2 in 1: Tasty, sugar-free snacking paired with nutritiously valuable black cumin oil
- For the supply of ingredients specific to black cumin, including unsaturated fatty acids
- As a welcome change or supplement to black cumin oil in liquid or capsule form
- · As an alternative for children, adolescents and adults who do not like the taste of pure black cumin oil

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### The Good Gums quality - because snacking doesn't have to be a sin.

- Naturally coloured with plant-based ingredients
- Sugar free
- Without gluten
- Without lactose
- 100 % vegan
- Tested quality

INGREDIENTS per daily dose	3 pieces	% NRV*
Black cumin oil	960 mg	-

<sup>\* %</sup> OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

### **INGREDIENTS**

Sweeteners: maltitols, steviol glycosides, modified starch, black cumin oil (Nigella sativa), Plant concentrates (apple, carrot, hibiscus), acid: citric acid, natural flavouring, Vegetable oils (coconut, rapseed), Glazing agent: carnauba wax.

NUTRITIONAL VALUE TABLE:	per 100 g
Energy	1156 kJ / 276 kcal
Total fat	8.1 g
of which saturates	1.4 g
of which monounsaturated fatty acids	1.9 g
of which polyunsaturated fatty acids	4.9 g
Carbohydrate	77 g
of which sugar	0 g
of which polyhydric alcohols	65 g
protein	0 g
salt	0.2 g

# RECOMMENDED DOSAGE

Children over 10 years and adults: Consume 3 bears daily. Excessive consumption may produce laxative effects.

### NOTE

Food supplement with sweeteners in accordance with EU Directive 2002/46/EC

### PACKAGE SIZE AND CONTENT

60 pieces (20 days supply), 240 g

Food supplement with sweeteners: The recommended daily dosage should not be exceeded. No substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Subject to print or typographical errors. Version: 03.01.2023











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