

Selen natural



Selenium from yeast cells: Naturally well bioavailable

Selenium is a relatively rare trace element that occurs in varying concentrations in the earth's crust. The selenium content of plants and cereals is strongly dependent on the selenium deposits in the soil. In large parts of Europe, the soil is not particularly rich in selenium, so that the selenium content in plant foods can vary greatly depending on the area where they are grown. In vegetarian or vegan diets, special attention should be paid to the selenium status.

However, as a component of many enzymes and proteins, selenium is involved in many important reactions in the body and is therefore an essential trace element. One of the most important tasks is to support thyroid metabolism as a cofactor for the production of active thyroid hormones. In addition, it supports the maintenance of normal hair and nails and, as a component of the antioxidative network, helps to protect the cells from free radicals.

In natural foods, selenium is mostly found in the form of well bioavailable, organically bound selenium. This organic compound is contained in high quality in the branded raw material Lalmin® Se1000, which is used in this high-quality preparation. Lalmin® Se1000 is obtained by cultivating yeast in culture media with selenium, which is absorbed by the yeast cells. This process allows the trace element to interact with the yeast cell components, biochemically converting it into an organically bound form. The gentle final processing of the branded raw material allows a high concentration of the essential nutrient in the completely inactivated selenium yeast.

Biogena Selen natural - the natural way to improve the nutritive selenium supply.


Selen natural

- Contains easily absorbable, natural selenium from high-quality selenium yeast (Lalmin® Se1000)
- Selenium helps to protect the cells from oxidative stress
- Selenium supports normal thyroid function
- Selenium helps to maintain normal hair and nails
- Selenium contributes to normal sperm production and is therefore important for male fertility

Possible applications

- For the targeted supply of the trace element selenium in organically bound form
- As a nutritive contribution to the protection of cells against free radical damage
- To support normal thyroid gland functions
- As a nutritive contribution to the maintenance of normal skin, hair and nails

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Bioavailable micronutrients in a pure form

- According to the pure substance principle
- Without colours and flavours
- Gluten-free
- Lactose-free
- Hypoallergenic
- Vegetable capsule shell
- 100 % vegan
- Quality tested

INGREDIENTS per daily dose	1 Capsule	% NRV*
Selenium	100 µg	182

* % OF NUTRIENT REFERENCE VALUES IN ACCORDANCE WITH EU REGULATION 1169/2011.

INGREDIENTS

Selenium-enriched yeast, bulking agent: powdered cellulose, hydroxypropyl methyl cellulose (capsule shell).

RECOMMENDED DOSAGE

1 capsule daily taken with a meal and plenty of liquid.

NOTE

Food supplement in accordance with EU Directive 2002/46/EC

IMPORTANT NOTICE

Not suitable under the age of 7.

PACKAGE SIZE AND CONTENT

120 capsules (4 months supply), 25 g

Food supplement: The recommended daily dosage should not be exceeded. Not a substitute for a balanced and varied diet and a healthy lifestyle. Store in a dark, dry place at room temperature. Protect from heat. Keep out of reach of children. Suitable for diabetics. The information provided here is not a statement on healing or a recommendation to self-medicate. Lalmin® Se1000 is a registered trademark of the Lallemand Group. Vcaps® Plus is a trademark of Lonza or its affiliates, registered in the USA. Subject to print or typographical errors. Version: 26.06.2023.



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